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Generation Me - Revised And Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before





Synopsis

In this provocative and newly revised book, headline-making psychologist Dr. Jean Twenge explores why the young people she calls â œGeneration Meâ • are tolerant, confident, open-minded, and ambitious but also disengaged, narcissistic, distrustful, and anxious.Born in the â ™80s, and â ™90s and called â œThe Entitlement Generationâ • or Millennials, they are reshaping schools, colleges, and businesses all over the country. The children of the Baby Boomers are not only feeling the effects of the recession and the changing job marketa "they are affecting change the world over. Now, in this new edition of Generation Me, Dr. Twenge incorporates the latest research, data, and statistics, as well as new stories and cultural references, to show how â œGen Me-ersâ • have shifted the American character, redefining what it means to be an individual in todayâ ™s society. Dr. Twenge uses data from 11 million respondents to reveal shocking truths about this generation, including dramatic differences in sexual behavior and religious practice, and controversial predictions about what the future holds for them and society as a whole. Her often humorous, eyebrow-raising stories about real people vividly bring to life the hopes, disappointments, and challenges of Generation Me. Engaging, controversial, prescriptive, and funny, Generation Me gives Boomers and GenXâ [™]ers new and fascinating insights into their offspring, and helps those in their teens, twenties, and thirties find their road to happiness.

Book Information

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Customer Reviews

In their 2000 book, Millennials Rising, Neil Howe and William Straus argued that children born after 1982 will grow up to become America's next Greatest Generationâ "filled with a sense of optimism

and civic dutyâ "but according to San Diego State psychology professor Twenge, such predictions are wishful thinking. Lumping together Gen-X and Y under the moniker "GenMe," Twenge argues that those born after 1970 are more self-centered, more disrespectful of authority and more depressed than ever before. When the United States started the war in Iraq, she points out, military enlistments went down, not up. (Born in 1971, Twenge herself is at the edge of the Me Generation.) Her book is livened with analysis of films, magazines and TV shows, and with anecdotal stories from her life and others'. The real basis of her argument, however, lies in her 14 years of research comparing the results of personality tests given to boomers when they were under 30 and those given to GenMe-ers today. Though Twenge's opinionated asides may occasionally set Gen-X and -Yers' teeth on edge, many of her findings are fascinating. And her call to "ditch the self-esteem movement" in favor of education programs that encourage empathy and real accomplishment could spare some Me-ers from the depression that often occurs when they hit the realities of today's increasingly competitive workplace. (Apr.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

A new book tackles the 18-to-35-year-old generation's problems--those they face and those they create. Twenge's book is comprehensive and scholarly, filled with statistics and thoughtful observations about the group she's dubbed Generation Me. These young people were raised with the idea of self-esteem being more important than achievement, which has caused them to place the self above all else. Such beliefs also have created a generation of young people who believe every dream is attainable but who aren't prepared to deal with discovering it isn't so. Twenge notes that today's young parents are especially lenient with their children and reluctant to discipline them, suggesting that perhaps the next generation will be even worse off. Twenge believes Generation Me would benefit from a heavy dose of realism. Accessible and a must-read for the generation they address. Kristine HuntleyCopyright © American Library Association. All rights reserved --This text refers to an out of print or unavailable edition of this title.

Wonderful and very insightful book. Everybody should read it, it would help to solve so many problems that base on misunderstanding of young people...

I've been a high school teacher for over twenty years. This book explains the changes in student attitudes and behaviors that I've observed over that time and, I think, that I understand them better

now, as a generation. Good read for teachers of Secondary students.

Pretty interesting premise explained in a way that is accessible to anyone regardless of academic background. Explains the cultural generation gap pretty well and is a great starting point to her other book that delves more deeply into it, the Narcissism Epidemic.

THIS BOOK IS A GREAT READ. I HIGHLY RECOMMEND IT. HAS LOTS OF INFORMATION.

Great book that I needed for class. Found myself reading it for pleasure. Very well written. Must purchase if you have kids or are the kid.

This is truely an eye opener, as with young adults, we always don't know how to relate with them. I truely thank this author's description on how clearly it is seen. This is a time of change for baby boomers to learn how to connect with Generation Me.

Very nice read. It makes a very good comparison of 2 generations.

This book has a lot of statistics about today's generation that might seem boring however the way the author had written it made it amusing and witty, and so very enjoyable

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